

The Table

BREAKFAST Mon - Fri, 7.30am - 11.30am

Please note that the kitchen closes from 11.30-12 to prepare for lunch

RISE & SHINE

Hot porridge

Plum and cherry jam / Cream / Bananas / Honey / All of it **5.5**

Cinnamon-apple granola

Yoghurt / Berries / Bananas / All of it **6**

Toasted banana bread

With vanilla ricotta & berries **7**

FLAT-IRON WAFFLES & BUTTERMILK PANCAKES

Choose between a fluffy buttermilk pancake or flat-iron waffle

Classic

Maple syrup & butter **6.5**

True Blue

Blueberries, berry sauce, double cream & maple syrup **8**

All-day breakfast

Crispy bacon, pork & leek sausage & scrambled egg **9**

Bacon, banana & maple

Crispy bacon, caramelised banana & maple syrup **8.5**

BREAKFAST

Scrambled eggs & smoked salmon

Three free-range organic eggs, Uig Lodge oak-smoked salmon & sourdough toast **12**

Breakfast bruschetta

Sliced tomatoes & avocado on sourdough toast, two poached eggs & streaky bacon. **9.5** (Or smoked salmon **12**)

The Stack

A towering inferno of deliciousness - homemade ham hock & chorizo baked beans, bagel, poached eggs & hollandaise **11**

Eggs Benedict

The bacon one **9**

Eggs Royale

The salmon one **12**

Eggs Florentine

The spinach one **8**

Our organic eggs are fresh off **Rookery Farm**, West Sussex.

The Borough Full English

Organic fried eggs, streaky bacon, pork & leek sausage, homemade ham hock & chorizo baked beans, tomato, herby mushrooms & sourdough toast **12.5**

The Veggie Borough

Organic fried eggs, grilled halloumi, buttered spinach, homemade veggie baked beans, grilled tomato, herby mushrooms & sourdough toast **11**

The Vegan Borough

Avocado on toast, steamed spinach, grilled tomatoes, homemade veggie baked beans, herby mushrooms & sweet potato wedges **11**

Our bacon and sausages are from our butcher of 11 years - **Mark Jones**, Old Spot pigs born and bred in South Wales.

BREAKFAST SANDWICHES

Available for takeaway

Early Bird

Streaky bacon, fried egg & tomato jam on sourdough **7.5**

The Lewis

Uig Lodge oak-smoked salmon, cream cheese & cucumber on a toasted Brick Lane Bakery bagel **8.5**

So London

Smashed avocado & grilled streaky bacon on sourdough **7.5**

SIDES & EXTRAS

- Spinach (buttered or steamed)
 - Veggie baked beans
- Eggs (poached or fried)
 - Herby mushrooms
 - Grilled tomatoes
- Sweet potato wedges

3

- Uig Lodge oak-smoked salmon
 - A little pot of Greek yogurt with honey & granola

4.5

- Sourdough toast • Gluten-free bread

2

- Bacon • Avocado
- Pork & leek sausage
- Grilled Greek halloumi
- Sourdough toast, butter & jam
- Homemade ham hock & chorizo baked beans

3.5

The Table

DRINKS

JUICES

Peace

Pineapple, pear & ginger **4.5**

Love

Beetroot, orange, carrot & ginger **4.5**

Harmony

Grapefruit, blueberry & green tea **4.5**

Our juices are freshly blended to order

SMOOTHIES

Jump Start

Banana, strawberry,
heather honey, nutmeg
& coconut water **5**

Going For Gold

Pineapple, mango, lime
& orange juice **5**

O.M.V

Apple, banana, grapes,
spinach, chia seeds
& almond milk **5**

Out For Lunch

Our homemade granola,
banana, honey, milk
& yoghurt **5**

BREAKFAST COCKTAILS

Bloody Mary

Vodka, tomato juice
& hot spicing **8**

Gosnell's Mead

Honey-brewed sparkling
alternative to Prosecco **6**

Fresh orange mimosa

Freshly squeezed orange juice
topped with Prosecco **8**

Peaches

Vodka, peach liquer
& nectar **8**

Available from 10am

TEA

By Teapigs, Brentford

Everyday brew

Assam, Ceylon, Rwandan **2.5**

Earl Grey

Himalayan, Darjeeling **2.5**

Mao Feng

Pale, calm green tea **2.7**

Chamomile

With whole chamomile flowers **2.5**

Peppermint

Great Taste Winner 2015 **2.7**

Rooibos

A red bush and honey bush blend **2.5**

Our own fresh ginger,
mint & lemon infusion **3.5**

Our mint is freshly picked from the **St Mungo's** allotment

Our own fresh mint
& honey infusion **3**

COFFEE

Beans from Allpress
Espresso, Shoreditch

Espresso (single or double) **2.7**

Macchiato (single or double) **3**

Piccolo **2.5**

Cappuccino **3 / 3.7**

Flat White **3 / 3.7**

Latte **3.2 / 4**

Mocha **3.2 / 4**

Americano **2.7 / 3.5**

Extra shot **1**

Brindisa hot chocolate **3**

Available to take away in our fully compostable cups by **Vegware**

FOOD ALLERGIES and INTOLERANCES If you have any food allergies or intolerances, please let us know before you order so we can help you choose. Please note: we produce our food in a kitchen (area) where allergens are present and handled and while we take steps to keep things separate, we cannot guarantee any item is allergen free. Please note we cook all burgers to medium or above.

SERVICE CHARGE The Table Café gives all (discretionary) service charge and tips it receives to staff. (Except for the percentage fee that the credit card companies take for processing transactions.) This is distributed between the front of house and kitchen teams each month.