

# **SMOLLENSKY'S**

## **ON THE STRAND**

### **SET MENU**

**2 Courses - £18.95**

**3 Courses - £21.95**

### **TO START**

#### **SOUP OF THE DAY (v)**

with crusty bread

#### **FLOUR DUSTED CALAMARI**

fried till golden with garlic mayonnaise

#### **CHICKEN SKEWERS (n, gf)**

grilled and served with satay sauce

### **MAINS**

#### **SUPERFOOD KALE SALAD (ve, n)**

green kale, broccoli, red cabbage, chickpeas, red rice and quinoa, roasted peppers, grilled courgettes, avocado, and pomegranate seeds; with a lemon, almond and ginger dressing

#### **PAN FRIED SEABASS FILLET (gf, df)**

served with chunky avocado, tomato and caper salsa; with watercress

#### **8OZ FLAT IRON STEAK**

served with skin on fries, garlic butter, and watercress

### **DESSERT**

#### **CHOCOLATE AND SALTED CARAMEL BROWNIE (v)**

served with vanilla ice cream and warm chocolate sauce

#### **BANOFFEE PIE (v)**

caramel, whipped cream, bananas, and chocolate sauce

#### **TWO SCOOPS OF ICE CREAM (v) OR SORBET (ve, gf)**

choose from vanilla, chocolate or strawberry ice cream; or mango sorbet

(v) = suitable for vegetarians, (ve) = vegan, (gf) = gluten free, (df) = dairy free, (n) = contains nuts

We cannot guarantee that all of our dishes are 100% free from nuts or their derivatives. Our menu descriptions do not contain all ingredients so please ask your server if you have any particular allergy or requirement.

A 12.5% optional service charge will be added to the final bill.