

LUNCH

FROM NOON TILL 4PM

BAR SNACKS

SMOKED ALMONDS (V,N,DF) £3.50 / VINCI OLIVES (VE) £3.00
CHEDDAR CHEESE POPCORN (V,GF) £2.50 / HOUMOUS & TOASTED FLATBREAD (V) £3.50
BBQ CHICKEN SKEWERS £6.95 / HALLOUMI VEGETABLE SKEWERS (V) £5.95

MAINS

CAESAR SALAD (N) £8.50

cos lettuce, Caesar dressing, parmesan cheese and crunchy oat & nut crumble
Add chicken £10.00

BAKED STUFFED SWEET POTATO (V, N, GF) £8.00

kidney beans topped with avocado and tomato salsa, sour cream with toasted oats & nuts

KALE SALAD (GF, VE, N) £10.50

green kale, mixed grains, red cabbage, roasted pepper, avocado, orange tahini dressing,
crunchy oat & nut crumble
Add falafels £12.50

NACHOS (V, GF) £8.95

cheddar cheese, smashed avocado and tomato guacamole, sour cream and tomato salsa
Add meatballs £10.95
Add falafels (v) £9.95

SANDWICHES

MEATBALL SANDWICH £9.75

mini meatballs in a tomato sauce with melted cheddar cheese in toasted ciabatta with
parmesan and rocket

SMASHED AVOCADO AND TOMATO ON TOAST (V) £7.95

toasted ciabatta with rocket
Add smoked salmon £9.45

ROAST HAM AND BLACK BOMBER CHEDDAR £6.95

on granary bread with red onion chutney

FALAFEL, ROASTED PEPPER WRAP (V) £7.95

falafels, houmous, roasted pepper, rocket and sweet chilli sauce

SCOTTISH SMOKED SALMON £7.95

on granary with salad and sour cream

BASKET OF SHOE STRING FRIES

SMALL £2.50 LARGE £3.50

CHOOSE YOUR FLAVOUR

cajun pepper / Peri peri / parmesan cheese